

City of Greeley Leisure Services Department 2012 Adult Spring Volleyball Rules Sheet

1. The City of Greeley will abide by the USVBA Rules with the City of Greeley amend rules. Those rules are as follows.
2. Players must be sixteen (16) years old or older to participate in the Adult Spring Volleyball league. If in questioned a birth certificate may be required.
3. A team roster shall have no more than Twelve (12) players.
4. Additions must be made to the roster by the **fourth** week of games/season.
5. The Leisure Services Department / Recreation Division reserves the right to not allow players to participate in certain leagues based on experience.
6. Shoes – Non marking soles are required on any of the gyms surfaces. Tennis shoes must be worn at all times no bare feet or sandals.
7. A back row player may only attack the ball if the player(s) approach was initiated behind the ten-foot line.
8. Teams (in the 6 on 6 leagues) will be permitted to play with as few as three (3) players. **A COED team should have an equal number of men and women however a coed team can have more women then men.** If three (3) players are playing, the team must consist of two (2) females and use the six (6) person rotation method.
9. **CO-ED Serving order and positions on the court at service time shall be male and female alternated.**
10. **COED ONLY:** When the ball is played by more than male player on the team, a player of the opposite gender must make at least one of the contacts.
11. Players must be on the court or at court side when the official's whistle is blown to line-up. Players are not permitted to enter the game once play has started. Players may play next game. If a team is delaying the line-up, a team yellow card will be issued if deemed necessary by the official.
12. Any ball that momentarily comes to rest on a player's hand or arms will be considered a lift. (This is to include spiking, passing and/or setting).
13. Only hard-driven spikes can be passed legally by a double hit.

A. Hard-driven spikes are defined as follows: *A hard-driven spike is a hard hit ball that travels forcefully down towards an opponent's court without an arch to the spike.*

14. Only team captains may address officials. Others addressing officials may be assessed sanctions by either a yellow or red card penalties.
15. If objects enter the court from adjacent areas, play continues until the official blows play dead.
16. **Blocking or attacking a service is illegal.**
17. In Blocking a player may place his/her hands and arms beyond the net provided that this action does not interfere with the opponents play. A defensive player is not permitted to touch the ball beyond the net until an opponent has executed an attack hit.
 - A. **A hold is defined as follows:** *When two players contact the ball at the same time, causing the ball to be held between those two players.*
18. **Game scoring and time limits are as follows:** Three Games to a match, with a fifty (50) minutes time limit. First two games played to twenty five (25) points and third game to (15) points. First team to reach 25 points wins and teams do not have to win by 2, except in the third game (unless the time limit has been reached). **All games will be played with rally scoring.** When the fifty (50) minute clock expires, if the match is in the third game a final serve will be called for. In overtime, there is a maximum 15 point capacity. Standings will be kept by games, all 3 games must be played otherwise it will be recorded as a tie.
19. Teams are scheduled for 50 minutes per match; if time is allotted – Teams will be permitted to play out the 50 minutes.
20. **Scheduled time is game time; teams will be forfeited first game if teams have less than 3 players, Teams will have a 10 minutes grace period before the entire match is forfeited. If it is a double header, the second match shall be forfeited as well.**
21. Each team is allowed two (2) time outs per game. Time-outs will consist of thirty (30) seconds. The team requesting the time-out terminates the time-out as soon as they resume positions on the court. Play will begin immediately, regardless of preparation of the opposing team. Please do not leave the court area during time-outs.
22. **Foot digs are not allowed.**
23. Players may serve from anywhere behind the back line and within the sideline areas.

24. The ceiling backboards are playable; however if a ball hits the ceiling and goes over the net it is out of bounds and a point is awarded to the other team.
25. Teams playing with more than six players have two (2) options for substituting:
 - A. Players may rotate out off any position on the court. This will allow players to take advantage of the serving area, or players can rotate in just before the serve and come in as the server. **COED - Male substitutes for male and female substitutes for a female player.**
 - B. Specialized Substitution: A player may enter a game an unlimited number of times for another player, but it must always be for the same player per game. A male must sub for another male and a female must sub for another female.
26. **Players cannot play on two teams in the same league on the same night; teams are not permitted to pick up players to play that are not on your roster.**
27. When a ball is served, it is allowed to touch the net during service of ball.
28. **During tournament play roster will be randomly checked. Players will be required to provide some sort of picture ID when asked.**
29. During tournament time the winner is determined by the team that wins best out of three (3) games. There shall be a time limit of 50 minutes per match. Rally score to 25 points for first two games, with the third game to 15 points, must win by 2 points in the third game.
30. Please remember teams may play at any time during the tournament and most likely more than once in a night. Additionally, any team may play occasional matches on nights other than your regularly scheduled league night and weekend play.
31. During the tournament, it is a 2 game guarantee with a bye in the tournament counting as 1 game. Awards will be given to top finisher of tournament.
32. Regular season matches will consist of 3 games rally score to 25 points or 50 minute time limit. If a 3rd game is necessary the game will be rally score to 15 points and must win by 2 points.
33. Mangers please remind your players about sportsmanship's. Family members and kids are watching matches.
34. **Please, no food or drink in the gyms area, water is allowed in sealable containers only.**

35. We understand the need for some parents to bring children to matches, however; it is important to remember the safety of the child while in the gym and around the court; misplaced shots place your child at risk. Therefore, we ask you to keep your child away from the playing areas (including warm-up areas), and to understand and comply with our requests concerning your child, noise, and play objects during volleyball matches. **Kids or objects on the court during the match will result in a team yellow card (team warning). A second infraction will result in a team red card (point and change of serve, if the team getting the card was serving). Multiple red cards may be given upon each infraction after the first offense. If red card is given to a player, that player has two (2) minutes to leave gym.**
36. During the volleyball season, please do not permit your players to hang on rims or slam dunk on the basketball rims, while in the gyms during the season. Players and/or spectators ignoring this request will be asked to leave the gym. Safety is an issue here and your team will have the expense of replacing the rims if damage occurs.
37. Protests must be filed immediately to have any possibility of a ruling (this is important during the tournament). If you feel a protest is warranted, you must note it immediately on the score sheet and with the officials. Describe in detail on the back of the score sheet what exactly you are protesting, and post a \$35.00 check with the recreation center front desk by noon the next day. If your protest is upheld, your money will be refunded. If your protest is overruled, your money will not be refunded (this is to discourage frivolous protests).
38. Misapplication of rules are protest able grounds. Rule interpretations and decisions based on the judgment of officials are not protest able. The United States Volleyball Association Rule Book will be for rule interpretation. The Recreation Supervisor will inform the protesting party of final decisions.

Penalties – When a yellow or red card is issued to a participant the following will occur:

- A. A yellow card results in a warning.
- B. A red card results in a player removal from the current game. A point will be awarded to the opposing team. The participant receiving a red card could face a suspension for the next game to a suspension of one year from the Adult Volleyball Program.

Thank you for your continuous support in our Adult Volleyball Program. Without all your effort, our program cannot succeed. Thank you.