



**Protecting Yourself:** Most mosquitoes do not transmit disease. Unless you are at high risk, it is not necessary to limit any outdoor activities. Those who are at highest risk of becoming seriously ill from West Nile infection, are adults over 50. To help reduce the number of mosquitoes around your property, eliminate standing water in your yard, make sure all windows and doors have screens, and that all screens are in good repair. If West Nile virus is found in your area, persons who are at highest risk should avoid mosquito bites:

- Wear shoes and socks, long pants and a long-sleeved shirt when outdoors for long periods of time, or when mosquitoes are more active.
- Consider the use of mosquito repellent, according to directions, when it is necessary to be outdoors.

**Protecting Your Home:** Mosquitoes can develop in any standing water that lasts more than 4 days. To reduce the mosquito population around your home and property, reduce or eliminate all standing water and debris:

- Dispose of tin cans, plastic containers, ceramic pots or similar waterholding containers.
- Dispose of used tires -- call your local landfill or Department of Public Works to find out how to dispose of them properly.
- Drill holes in the bottoms of recycling containers that are kept outdoors.
- Make sure roof gutters drain properly, and clean clogged gutters in the spring and fall.
- Turn over plastic wading pools and wheelbarrows when not in use.
- Change the water in bird baths twice a week.
- Clean vegetation and debris from the edges of ponds.
- Clean and chlorinate swimming pools, outdoor saunas and hot tubs.
- Drain water from pool covers.
- Use landscaping to eliminate stagnant water that collects on your property.



## Mosquito-Proof Your Home

- Install or repair screens on windows and doors to keep mosquitoes outside. Use air-conditioning, if you have it.
- Help reduce the number of mosquitoes around your home by emptying standing water from flowerpots, gutters, buckets, pool covers, pet water dishes, discarded tires, and birdbaths at least once a week..
- Drain all standing water on private property no matter how small an amount.
- Stock permanent ponds or fountains with fish that eat mosquito larvae.
- Check around faucets and air conditioner units and repair leaks or puddles that remain for several days.
- Make sure roof gutters drain properly and remove any standing water under or around structures or on flat roofs.
- Remove items that could collect water such as old tires, buckets, empty cans, and food and beverage containers.

