

# City of Greeley 2016 Wellness Program Activities



Event	When Offered	Who is eligible	Cost
Annual Mammogram Benefit	September	All benefit-eligible employees or their spouses 40 years of age or older	No Cost
Annual Flu Clinics	October	All benefit-eligible employees and their eligible dependents age 4 and over	No Cost
Annual Hearing Screening	Varies	All benefit-eligible employees and their eligible spouses	No Cost
Lunch and Learns	Varies	All benefit-eligible employees and their eligible spouses	Generally no cost (fee may be associated depending on speaker)
Wellness Program - Downtown Recreation Center Usage	During center operating hours	All benefit-eligible employees and their spouses -Use of open swim, open gym, weight room, and climbing wall.	\$5.00 fee for each membership card  * Employee <u>only</u> can also use Family FunPlex for a \$2.00 per visit charge.
Family FunPlex and Downtown Recreation Annual Membership	During center operating hours	All benefit-eligible employees and their eligible dependents -Membership covered activities -Annual membership only	Reduced membership fees apply ➤ see registration form ➤ payroll deduction available
HRA (Health Risk Assessment)	January/February	All benefit-eligible employees, spouses and dependents age 19 and over.	No Cost
Wellness Orthopedic Evaluation	Available every 2 years and scheduled by the employee	All benefit-eligible employees and their spouses	No cost if enrolled in Health Plan  \$25 for employee and \$145 for spouse if not enrolled in Health Plan
Exercise and Weight Loss Programs	Varies	All benefit-eligible employees	Varies on program selected